



Bhutan: 11d Bumthang Culture Trek

Grade: Moderate

Altitude: 3,300 m.

Tent Days: 3

Tea House Days: 2

Highlights:

Bumthang is one of the 20 districts comprising in Bhutan. It is the most historic district of Bhutan and the number of ancient temples and sacred sites is counted. Most of the parts of this District is part of Bhutan's extensive protected areas network. The northern two-thirds of the district belong to Wangchuck Centennial Park, buffered by pockets of biological corridors. This trek is in the splendid Bumthang Valley, the cultural heart of Bhutan. The trek passes through several villages on its meandering route through the countryside. This trek provides an exceptional opportunity for contact with Bhutanese rural life besides nature. Route Highlight Area: Bumthang Country Bhutan, Difficulty: Moderate Altitude: 3300m, Duration: 10 days, Starting point: Paro Ending point: Paro Maximum group size: 30 pax Minimum pax/Person: 1 pax Culture: Bhutanese Culture Mode of trekking: Camping during the trek Note: B=Breakfast, L= Lunch, D=Dinner

Day to day:

Day 01: Arrival and transfer to hotel :

Day 02: Morning sightseeing of Paro and drive to Thimpu, o/n in a hotel:

Day 03: Sightseeing around in Thimpu, o/n in a hotel:

Day 04: Drive to Jakar (Bumthang) o/n in guest house :

Day 05: Sightseeing around in Bumthang,o/n in a guest house:

Day 06: Trek to Nganglhakhang(6hrs,2950m) o/n in camp:

Day 07: Trek to Ugyenchholing (5/6 hrs,3300m) o/n in camp:

Day 08: Trek to Jakar (3hrs,2900m) o/n in camp:

Day 09: Drive to Trongsa, o/n in a hotel:

Day 10: Drive to Thimpu (7hrs) o/n in a hotel:

Day 11: Drive to international airport at Paro for fly back to Kathmandu o/n in hotel:

What is included?

- Arrival and transfer from to the international airport in Kathmandu and Paro
- Accommodations in standard hotels on full board (B.L.D)
- Private transport, in city English -speaking guide, airfare Kathmandu- Bhutan – Kathmandu
- All monument entrance fees, Royalty and visa fee of Bhutan
- English speaking local guide, cook, porters or pack animals
- During trek: accommodation in tent, 3 meals a day

What is excluded?

- Personal expenses like soft and hard drink, laundry, telephone
- Airport tax and tips for local staff
- Personal insurance and helicopter rescue in case of emergency